

ABOUT US & OUR PROGRAMS



AT ATHENA INTERNATIONAL, WE ARE A CATALYST FOR DEVELOPING DIVERSE, TRANSFORMATIVE LEADERS WORLDWIDE THROUGH EXPERIENTIAL PROGRAMS THAT IGNITE, AMPLIFY AND CELEBRATE GIRLS, WOMEN AND ALLIES — FROM YOUNG SCHOLARS TO SEASONED PROFESSIONALS.

Ignite | Leadership Programs

The ATHENA Leadership Institute™ offers inspiring, empathy-based programs that meet individuals where they are along their leadership journey and usher them into a new paradigm of self-discovery.

Amplify | ATHENAPowerlink®

We support women entrepreneurs in reaching new levels of success through the ATHENAPowerLink®, a national mentoring program that connects selected women business owners with an advisory board tailored to fit their needs.

Celebrate | ATHENA Awards

We recognize outstanding women, pioneering leaders, and organizations with global, national and community ATHENA Leadership Awards. With nearly 8,000 recipients from world-renowned icons to community champions, our prestigious awards celebrate those who embody the Eight Principles of Enlightened Leadership™ and open doors of leadership opportunity to women and girls around the world.

The ATHENA Difference

ATHENA is driven to bring an empathy based, compassionate, and inclusive leadership culture to the workplace, educational institutions, and individuals. We partner with organizations who share our mission to improve the world's leadership narrative.

Traditional leadership development is focused on teaching people management. However, we know management is very different than true leadership. Management-focused programs don't teach individuals how to foster personal growth and development in themselves and others, or walk them through the process of self-discovery. ATHENA bridges this crucial gap.

At the heart of everything we do are the Eight Principles of Enlightened Leadership™ (ATHENA Leadership Model®)

LIVE AUTHENTICALLY & LEARN CONSTANTLY
BUILD RELATIONSHIPS & FOSTER COLLABORATION
ACT COURAGEOUSLY & ADVOCATE FIERCELY
GIVE BACK & CELEBRATE

"I have what it takes within me to do the things I want to do and need to do - it's a matter of unearthing it and getting rid of all of the noise around it. I believe that this program has given me the tools to do that."



ATHENA INTERNATIONAL LEADERSHIP INSTITUTE

IGNITING TOMORROW'S LEADERS THROUGH INSPIRATIONAL TRAINING PROGRAMS THAT MEET INDIVIDUALS WHERE THEY ARE IN THEIR LEADERSHIP JOURNEY AND USHER THEM INTO A NEW PARADIGM OF SELF-DISCOVERY.

An Enlightened Institute for Developing Leaders

Our suite of ATHENA Leadership Programs give individuals and organizations the tools and knowledge needed to sustain and grow a global community of transformative leaders.

ATHENA is driven to bring an empathy based, compassionate, and inclusive leadership culture to the workplace, educational institutions, and individuals. We partner with corporations and organizations who share our mission to improve the world's leadership narrative.

Traditional leadership development is focused on teaching people management. However, we know management is very different than true leadership. Management-focussed programs don't teach individuals how to foster personal growth and development in themselves and others, or walk them through the process of self-discovery. ATHENA bridges this crucial gap.

Predictive Index™: Get the right people in the right roles

ATHENA International is proud to partner with MindWire® to a offer priceless behavioral assessment via The Predictive Index $^{\text{TM}}$ to all ATHENA Leadership Program participants (high school age and older).

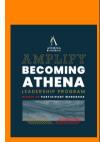
The results help organizations maximize performance by empowering teams to make more data-driven decisions about people, optimize team dynamics, and predict exceptional results.

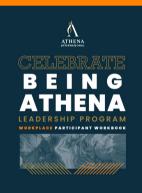
On a personal level, the results help individuals better understand themselves, their strengths and challenges, how they interact with others, and adjust or improve in different situations to maximize collaboration and build stronger relationships..





LEADERSHIP TRAINING FOR:
Middle School
High School
Higher Ed
Women & Men in the workplace







1000+

Individuals trained since 2020

20+

Countries represented

80+

Leadership trainings in 2023 (400+ hours)

ATHENA + PREDICTIVE INDEX™

- OPERATIONALIZE BEHAVIORAL INSIGHTS
- ▼ ENHANCE LEADERSHIP EFFECTIVENESS
- ✓ MEASURE & LEVERAGE NATURAL TALENT
- PREDICT & INCREASE PERFORMANCE
- **✓** BUILD MORE SUCCESSFUL TEAMS
- ✓ INCREASE HIGHER PERFORMANCE
- ✓ LEVERAGE ATUTHENTIC STRENGTHS



Included in Training

weVENTURE*

WOMEN'S BUSINESS CENTER at FLORIDA TECH

"The content is outstanding, as I mentioned in the session-- I liken it to taking all the pieces of leadership that you learn over the years and formulating those pieces in a ready to use framework, just like business school does for business. The pieces in themselves were not new to me after 30+ years in the workforce, but I really liked the framework approach. I wish that this course had been available to me about 10 years into my career, it would have saved me a lot of effort and hard knocks in collecting those pieces."



"I learned that I have a lot to offer to others, and still have a lot of growing to do as well.

Thinking about leadership in terms of the people you serve was valuable to me.

Remembering to take care of my needs as well as the needs of others. Most importantly to be courageous and that I am worth it!"



Women's Leadership Program



Women

The Being ATHENA Leadership training has brought about profound transformations in the lives of our participants through the acquisition of knowledge, self-reflection, and the establishment of strong relationships within the alumni community. Remarkable women have experienced significant growth in their self-understanding and acknowledgment, as well as reaching unprecedented levels of achievement and success. They have expressed newfound confidence in advocating for themselves, resulting in successful negotiations for salary increases, promotions, and increased responsibilities. Notably, more than 10% of our participants have been recognized for their accomplishments and have been rewarded with promotions, higher salaries, and additional responsibilities while actively participating in the program.



"Because of this training, I realize now that I can lead in my own way and not have to become someone different in order to be effective - I have unique strengths that I bring to the table.

And to TAKE MY SEAT AT THE TABLE!!"

Leadership Training Alumni



Educational Leadership Program



Higher Ed

This leadership training empowers our next generation of leaders by inspiring college-age participants along their journey of self-discovery helping them to cultivate their authentic leadership style. Through our program, each individual will delve into their strengths and pinpoint areas for enhancing their contributions to team dynamics.

It serves as a springboard for dynamic discussions and activities focused on cultivating vital interpersonal skills, including effective communication, interviewing, presentation, networking, and negotiation. This unique blend of self-reflection, skill refinement, and leadership opportunities aims to equip participants with essential workforce skills, preparing them to thrive in their future pursuits. By encouraging these young leaders to embrace and assert their voices, the training empowers them to make a positive impact on their surroundings.



"The training has taught us how to work through conflict and become better leaders in our own lives. I have really enjoyed getting to know my teammates on a different level and learning how to use our differences to an advantage."

Addison Haluska - Fresno State Volleyball